

## Upwey House Walks – Coastal

### Studland, Old Harry Rocks.

(Recently featured as one of the UK's "best coastal walks" in Julia Bradbury's ITV series)

*This walk is approximately 4 miles.*



### Background

Studland is, approximately, 28 miles from Upwey House, and the best route in a car is via Wool. This journey should take you just under an hour unless you get stuck behind a tractor! On the approach to Studland, you will pass historic Corfe Castle sitting majestically on a hill to your right. The castle itself is always worth a visit and Corfe, itself, is a beautiful little village - so you might choose to park in the village and explore before you head off again to Studland.

The best place to park and start your walk is at Middle Beach car park. Feel free to take your four-legged companions with you - they will love the sea air and open space - but we suggest keeping them on a lead near the cliff edge. Likewise, keep them under control if you pass any grazing sheep.

Old Harry (the furthest stack), and the remains of Old Harry's wife, have been carved by erosion over the years. Thousands of years ago, Old Harry and The Needles on the Isle of Wight were linked by a line of chalk hills that eroded away during the last ice age. Savour the fine views across Poole Bay to Bournemouth, Hengistbury Head and the Isle of Wight.

This walk itself is truly breathtaking and will suit everyone in the family and you can treat yourself afterwards for a well-earned bite to eat afterwards at [The Pig on the Beach](#). This is a very popular restaurant so we do recommend booking in advance.

## The route

1. As you come out of Middle Beach car park, turn left onto Beach Road. On the right you will see a signpost for the South West Coast path. Follow this path. You will see the Pig on The Beach to the right of you along with, if you're lucky, their resident pigs that look like they've had a permanent rinse.



2. Keep following the South West Coastal path. This will take you all the way to Old Harrys Rock. This view is spectacular and a fabulous place to take a lovely family photo. Please be careful not to get too close to the edge.

3. When you have finished taking in the view at Old Harry Rocks follow the coastal path up the field which is on a slight incline. Keep going straight with the cliff edge to the left of you.

4. At the first gate keep to the cliff top path. Then go through a farm gate and head straight on along Ballard Down.

5. Keep going up past the stone bench, you will get to a sign post that has an option to go right down the hill where there are sheep. Head down here straight (this is quite steep) and go through a farmer's gate at the bottom.

6. Continue straight through the fields and you will find yourself right next to the Swanage Road, turn right onto a country lane, follow this to the end.

7. Turn left when you get to the bottom and follow the road all the way round, you will see The Pig on the Beach on your right-hand side. Cross the road and you will arrive back at the car park.



## **Recommended parking**

Middle Beach Car Park  
Beach Road,  
Studland.  
BH19 3AX

Cost is £4 for the day